

WORLDWIDE BROTHERHOOD

Commitment Worksheet

Printable worksheet for turning responsibility into witnessed action

A working document for each man to name responsibility, acknowledge the truth, create measurable action, choose witnesses, and review the outcome.

R.A.W. Protocol: Responsibility. Acknowledgement. Witness.

MERIT Q-App: <qortal://APP/Merit> | Public bridge: <https://merit.worldwidebrotherhood.com>

Updated v0.2

Commitment Worksheet

Use this worksheet during a R.A.W. Circle to convert a vague concern into witnessed action. Print one copy per man per meeting. Keep private material private. Only publish or share what the man clearly consents to share.

Working Rule

A proper commitment has one action, one deadline, one evidence standard, and one witness. The work happens outside the room.

Part 1 - Alignment With the Circle Why

Which mission statement is this commitment serving?

How will this make me more useful to family, work, brotherhood, or community?

Part 2 - Responsibility

What responsibility is mine to carry, repair, build, protect, or complete?

Who is affected if I avoid this responsibility?

What has my avoidance, delay, passivity, or confusion already cost?

Part 3 - Acknowledgement

What happened? State it plainly.

What part is mine? No blame, no collapse, no performance.

What truth have I avoided saying out loud?

What judgment, projection, or resentment do I need to own?

Part 4 - Commitment Design

A commitment should be small enough to complete and strong enough to matter.

Specific action I will take:

Deadline:

Evidence I will bring back:

What avoidance would look like:

What support do I need, if any? Be clear: support is not rescue.

Part 5 - Witnesses

Witness Name	Contact / Qortal Name	Role
Primary witness		
Second witness		
Steward / optional		

Part 6 - Midweek Reflection

Reflection plus accountability creates change. Complete this before the next meeting if useful.

What action have I taken so far?

Where did resistance show up?

What is the next concrete action before review?

Part 7 - Review Outcome

Complete at the next meeting. The witness speaks only to what he witnessed or reviewed.

Outcome	Check	Notes
Completed		
Partially completed		
Incomplete - honestly reported		
Reset approved		
Disputed		
Avoided / hidden		

Repair / Reset Plan

If incomplete, what is the honest reason?

What repair or reset is required?

Who needs to be informed or protected?

Final Spoken Commitment

"By [date], I will [specific action]. I will bring back [evidence]. My witness is [name]. If I do not complete it, I will report honestly and create a repair or reset plan."